



# Medical Marijuana: Take a Closer Look

FLORIDA PATIENT GUIDE

#### WHO WE ARE



Marijuana Care Clinic is committed to providing the highest quality care to all patients interested in pursuing the medical benefits of marijuana.

Here at Marijuana Care Clinic, we are dedicated to improving patients access to medical marijuana in the state of Florida by providing honest, knowledgeable, and compassionate care.

We offer medical marijuana recommendations in a safe, discrete, and conveniently located office.

#### LOCATIONS

Downtown Orlando: 114 Underwood Street Suite #2 Orlando, Florida 32806

<u>Clermont:</u> 245 W HWY 50 Clermont, Florida 34711

#### **CONTACT US**

Phone: (407)751-5005 Fax: (407)288-8607 Web: marijuanacareclinic.com

"Schedule an appointment online at www.marijuanacareclinic.com or call to speak to a patient care specialist at 407-751-5005."



#### **BECOMING A PATIENT**

## **DO YOU QUALIFY?**

Permanent or seasonal Florida residents who suffer from any qualifying condition may be eligible to receive medical marijuana treatment.

#### **Qualifying Conditions:**



Don't see your condition? Don't worry! The 'Senate Bill 8A' allows for medical marijuana treatment of other "diagnosable, debilitating conditions of the same kind or class" as those listed above such as fibromyalgia, anxiety, depression, migraines, and a plethora of other conditions.

Still wondering if your condition qualifies? Check out or website under our "qualifying conditions" page or just give us a call at (407) 751-5005.



#### **BECOMING A PATIENT**

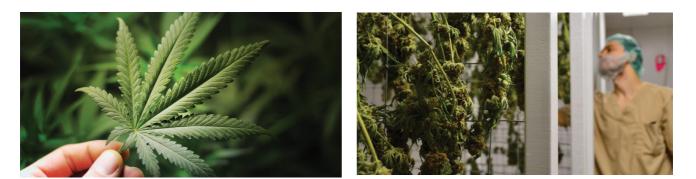
# **HOW DO I START?**



First step is to obtain your medical records including a diagnosis of your qualified condition. The records have to be within 2 years of age from each encounter with us. Florida state law requires that we have supporting documents confirming your diagnosis. You may email (ask staff) or fax your records to (407)288-8607. You may also fill out a medical release form including your physicians' name and fax number so we can request them for you prior to your appointment.

Now, you set up your appointment. You may call us at (407)751-5005, schedule your appointment online at www.marijuanacareclinic.com or walk-in to our clinic and set up your appointment with a staff member. You will receive an email with a precheck in link to complete all required paperwork. This will help cut down the time spent at the office.

Our initial appointment is \$199.00 payable in cash or card. This covers orders for your recommendation for 210 days. Our renewal fee is \$169.00. A \$20 discount is available for those who pay in advance with a \$50 nonrefundable fee.



# WHAT IS MARIJUANA?

Marijuana plants secrete multiple chemical compounds known as cannabinoids. The two main compounds are THC and CBD. They both have been studied as a pain medication, especially for neuropathic pains which are difficult to control with opioid treatment. Cannabinoids bind to different receptor sites in our body's very own endocannabinoid system throughout the brain and body causing different effects depending on what receptors they bind to.



FLORIDA PATIENT GUIDE

#### **EDUCATION**

Marijuana is the dried leaves and flowers of the *Cannabis Sativa or Cannabis Indica plant.* 

## **PRODUCTS AVAILABLE IN FLORIDA:**



Flower Smokable flower can be sold individually in different amounts or prerolled



**Oral Spray** 



Disposable vape pens or vape cartridges



**Topicals** Creams/Lotions or patches







Inhalers Asthma pumps

Route:	Vaporizing or Smokable	Oral Absorption: Sublinguate	Consumption: Edibles or Capsules	Topicals: Creams of Patches
Onset (min.)	≈ 5-10	≈ 15-40	≈60-120	<i>≈</i> 5-30
Duration (hrs.)	≈2-3	≈6-8	≈6-12	Varies
Symptom Relief	Nausea, Vomiting, Pain, Mental Health	Pain, Anti-Inflammatory, Neuropathic Pain	Pain, Anti-Inflammatory, Neuropathic Pain	Acne, Skin Conditions, Pain, Anti-Inflammatory



### EDUCATION

## ⊘ THC

- o Psychoactive, largely responsible for "high" feeling
- o Most active cannabinoid in plant
- o Binds to receptors in the brain
- o Appetite stimulant, decreases fatigue, pain relief, anti- nausea
- o Helps with Chronic Pain, Glaucoma, HIV/AIDS, Crohn's Disease

#### ⊘ CBD

- o Non-Psychoactive
- o Counteracts psycho-activity of THC
- o Prefers to bind to receptors throughout the body
- o Anti-inflammatory, lowers blood sugar, pain relief, calming effects
- o Helps with Anxiety, Epilepsy, PTSD, Spasticity, Arthritis, etc.
- o Best for autoimmune disorders

# ⊘ 1:1 Balanced RSO

- o 1:1 ratio of CBD:THC
- o Both activate each other for increased pain relief
- o Biggest therapeutic benefits with very few side effects
- o This ratio shows promise in relieving symptoms associated with Multiple Sclerosis and may be able to kill certain cancer cells and inhibit tumor growth.

⊘ Sativa

- o Uplifting and stimulating effect o Improves moods
- o Creates alertness
- and optimisms o Stimulates creative thinking
- o Helps with fatigue, appetite, nausea, relieves depression, and migraine pain

#### ⊘ Hybrid

o Balance of Indica and Sativa usually more dominant in one or the other
o Mellow feeling
o Limits anxiety inducing effect of Sativa strain
o Limits sedating effects of Indica strain

#### ⊘ Indica

- o Relaxing and sedative effect
- o Reduces stress
- o Limits anxiety
- o Aids sleep
- o Helps with
- insomnia, chronic pain, muscle spasms, and tremors
- o Higher levels of CBD





#### **VISITING OUR OFFICE**



# WHAT YOU WILL NEED

To see you for your initial visit, you MUST have your medical records with diagnosed condition(s) with you or already on file. Records MUST be within 2 years of age from each encounter date with Marijuana Care Clinic. The adequacy of records is determined per discretion of clinician. We DO NOT accept medications, medication lists, imaging (MRI's, CT scans, X-Ray's, etc.), imaging reports, nor lab results.

Please bring a **valid** Florida-issued identification card or drivers' license.

\*If the patient is a minor, they must have their legal guardian present. Legal guardian must provide valid government-issued identification card or drivers' license and the minors birth certificate or current record of registration from a Florida K-12 school.

\*If the patient is a seasonal resident, they must provide a copy of 2 different document's proving residency in Florida. That includes: a deed, a mortgage, monthly mortgage statement, residential rental or lease agreement, a utility bill (not more than 2 months old), or mail from financial or government agencies.

\*If the patient has a caregiver, the caregiver must bring a valid government-issued identification card or drivers' license.

For LEGAL GUARDIANS AND CAREGIVERS: Keep in mind that EACH medical marijuana identification card has an application fee with the state of \$77.75. Meaning there will be application fee for the patient and for the caregiver/legal guardian.

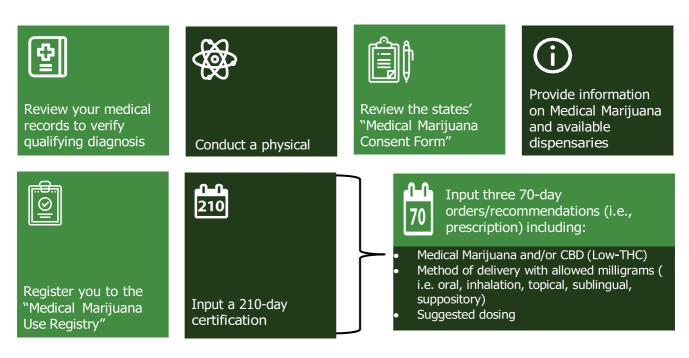
Medical records are required. We do not diagnose any patients in our clinic. If you need assistance obtaining medical records, we can email you a medical release form to obtain from any of your current physicians (primary, chiropractors, therapists, etc.). If you do not have records, we have referred physicians that can get you diagnosed at a separate cost.



# WHAT TO EXPECT

If you haven't already, you will check-in by completing our electronic paperwork. Keep in mind that we will be sending an email prior to your appointment with a link to be able to complete that electronic paperwork. This will help get rid of all the tedious time filling out paperwork so you can spend more time talking with the doctor!

You will be evaluated by our state-licensed, board certified physician. The physician will:





Once completed, you would have already received two emails from the Medical Marijuana Use Registry with a username and temporary password to have access to the registry. This will give you access to your own profile along with the recommendations and your state application.

You may complete your state application with the staff at check-out or they will provide you with a step by step to take with you.

Finally, set-up your 210-day renewal appointment.

## WHAT HAPPENS WHEN I AM APPROVED?

After completing your state application, you will receive an approval letter via email on the same day! You will use this email as a temporary card to be able to access cannabis in any state certified medical marijuana treatment center/dispensary.

You should receive your physical Medical Marijuana Identification Card in the mail within the following month.



ŏ

## VISITING OUR OFFICE

## Medical Marijuana Treatment Centers/ Dispensaries:

Columbia Care Florida 800-714-9215 col-carefl.com

Harvest 407-693-0490 harvestoffl.com

Surterra Wellness 850-391-5455 surterra.com

Sanctuary (321)352-7316 Sanctuarymed.com Curaleaf 877-303-0741 curaleaf.com

Fluent 888-441-5669 getfluent.com

Trulieve 844-878-5438 trulieve.com Grow Healthy 863-223-8882 growhealthy.com

Liberty Health Sciences 833-254-4877 libertyhealthsciences.com

VidaCann 1-800-977-1686 vidacann.com GTI (Rise Dispensaries) 305-306-8772 gtigrows.com

OnePlant (877)308-3344 oneplant.us

Altmed (MÜV) (83)880-5420 muvfl.com

Important points:

- Follow ups are every 210 days (approx. 7 months) for order renewals
  - We usually set up your appointment ahead of time exactly 210 days out. Give us a call to get your appointment time and date if you do not remember.
- \$25 off every 3<sup>rd</sup> visit with Marijuana Care Clinic
  - Loyalty Discount
- \$77.75 yearly for Medical Marijuana Card- renew on mmuregistry.flhealth.gov
  - We DO NOT remind you when to renew your card!!! PLEASE, put it in your calendar or notifications once you know your expiration date to remind yourself when to renew the card. You can start renewing 45 days prior but try not to do it any later than 2 weeks prior.
- Sign up with our online portal: onpatient.com to see past and future appointments, schedule appointments, and have access to online documents that we can send when requested (example: educational video, educational paperwork, signed forms, etc)
  - An invitation from us is REQUIRED. Please, call us to get an invitation so you can have access to our online portal.
- Referral program: Refer a friend or family and get \$15 off per person you send. Your friend or family will also receive \$15 off their first appointment.



FLORIDA PATIENT GUIDE

